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Fourth Joint Conference *of the British HIV Association with the British Association for Sexual Health and HIV*
Edinburgh International Conference Centre ♦ 17-20 April 2018

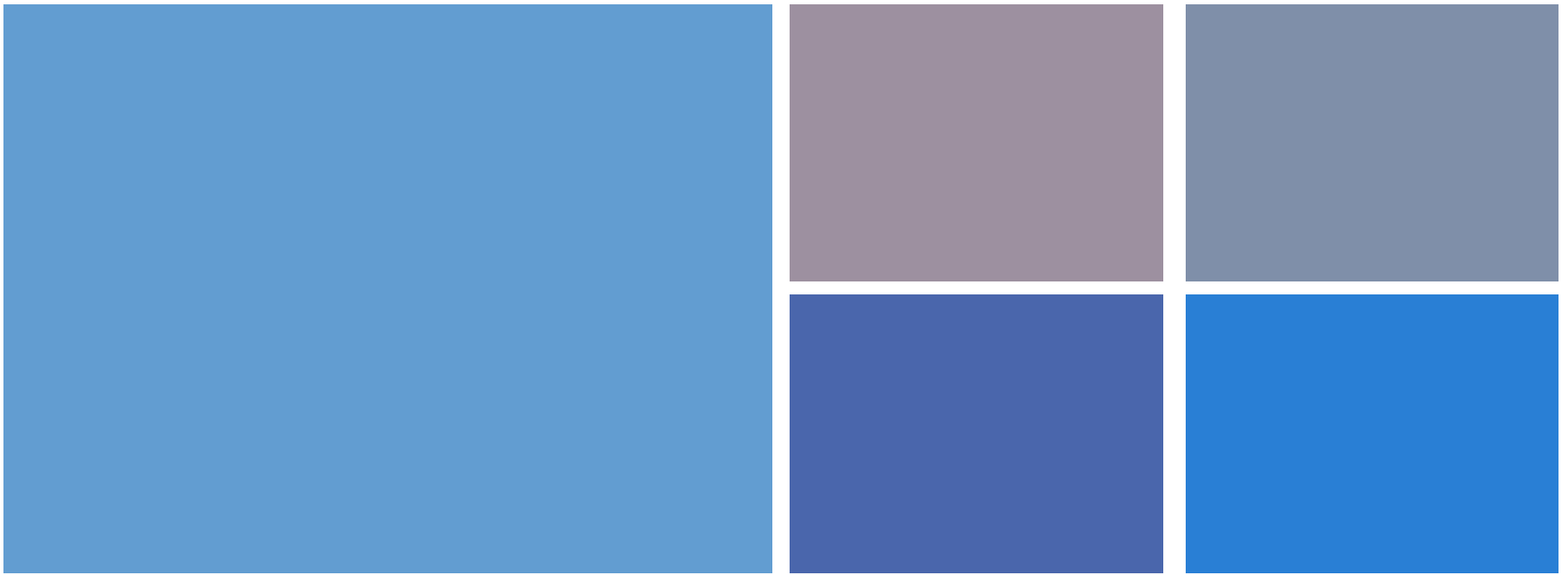
Disclosures:

Aedan Wolton – cliniQ CIC/56 Dean Street

Trans:Mission - A community-led HIV testing initiative for trans people & their partners at a London sex-on-premises venue.

In the previous 12 months Aedan has received scholarships and financial assistance to attend training and conferences from both Gilead Sciences, Inc. and Merck & co.





Trans:Mission - A community-led HIV testing initiative for trans people & their partners at a London sex-on-premises venue

Our services for trans/non-binary people & their partners:

Full sexual health & HIV services

Hormone injections

Hormone Monitoring

Cervical smears for anyone (over 25) w/ cervix

One-to-one and group counseling & psychosexual therapy

Peer mentoring & case work

Acupuncture, hypnotherapy & yoga

Housing, benefits & employment support

Health promotion & community HIV PoCT



Anyone whose gender identity differs from the sex assigned at birth



**Wednesday evening
clinic at 56 Dean Street &
cliniQ Therapy Centre in
North London**



Background

cliniQ is a trans-led service, working in partnership with
56 Dean Street

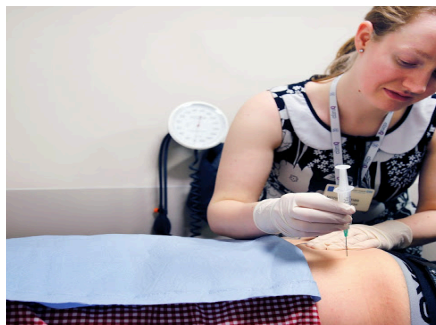
Clinic opened in Feb 2012

Winners of Nursing Times Award for
"Enhancing Patient Dignity" in 2014

Highly commended by NHS Employers
for the *"Inclusive Team of the Year"* award 2016

Incorporated as a Community Interest Company in 2017

www.cliniQ.org.uk



Background

84% of trans people have thought about ending their life at some point

48% of trans people have made suicide attempts¹



19.1%
Estimated
Global
Prevalence



Meta-analysis of studies in both the USA & Asia-Pacific regions have generated a **49% higher** likelihood of HIV acquisition in trans women²

1. McNeil J, Bailey L, Ellis S, Morton J, Regan M. Trans mental health and emotional wellbeing study(2012). Edinburgh: Scottish Transgender Alliance.

2. Baral, S. D., Poteat, T., Stromdahl, S., Wirtz, A. L., Guadamuz, T.E., Beyrer, C., (2013) Worldwide burden of HIV in transgender women: a systematic review and meta-analysis. Lancet Infect Dis 2013; 13: 214-222.

Method

Service evaluation/audit of **The Trans:Mission Project**

Funded by HIV Prevention England's Innovation Fund & Gilead Sciences, inc.
delivered in partnership by **cliniQ CIC** and **56 Dean Street**

- A trans-led team provided monthly outreach at a trans sex-on-premises (SOP) venue in London, over 12-months
- Venue caters for trans women, members of the cross-dressing/transvestite communities, and their cis (i.e. not trans) male partners



Method

- Attendees were offered a 3rd generation instant HIV test
- Data concerning health literacy and demographics were collected during the pre-test discussion. Consented & registered as 56 Dean Street patients
- The responses are represented as descriptive statistics

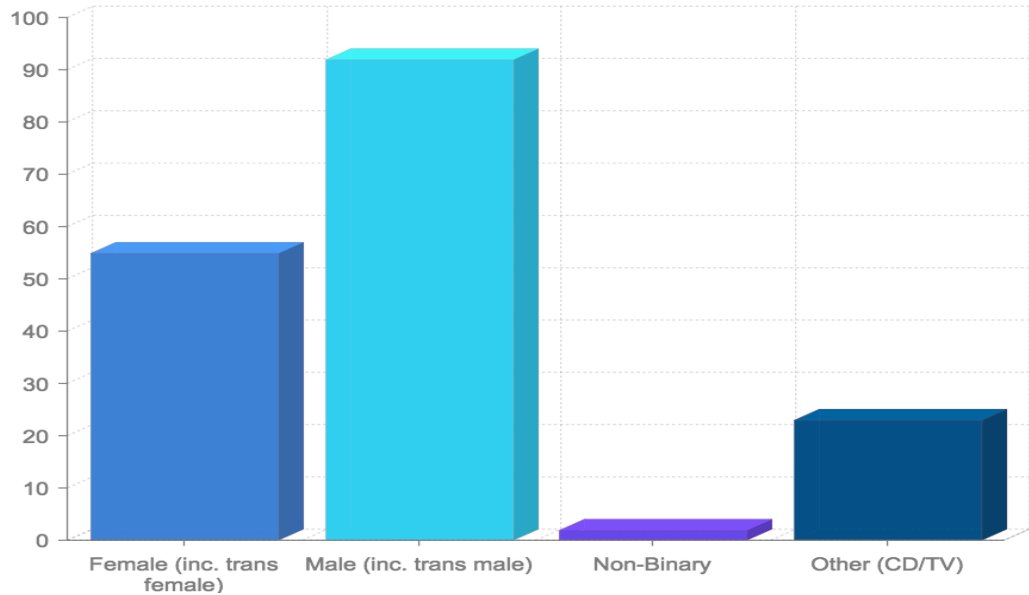
Results

Current Gender Identity:

- 69.1% male (3% trans)
- 41.1% female (39% trans)
- 1.5% non-binary people

Additionally:

- 17.2% cross-dressers



Performed 133 instant HIV tests
No reactive tests

Results

GENDER IDENTITY OF SEXUAL PARTNERS

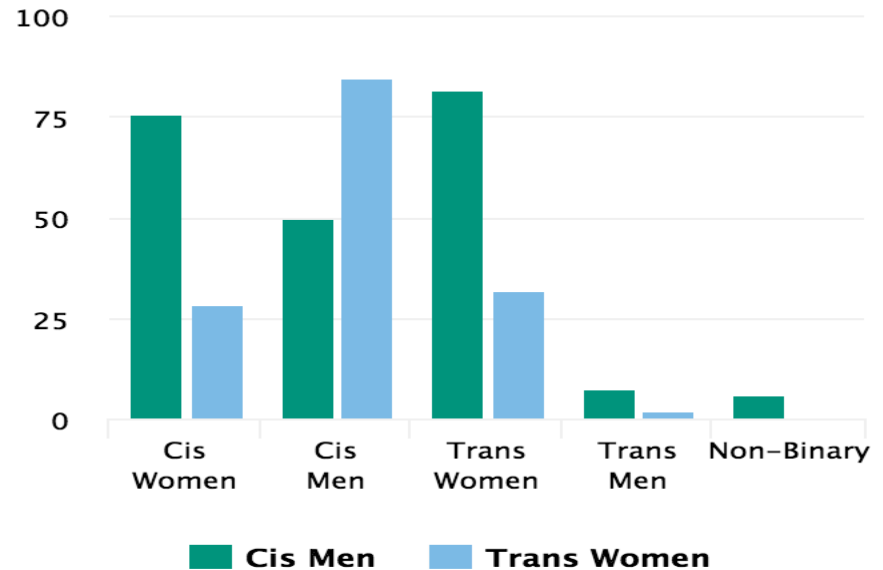
Cis men (n=66)

Cis Women	50 (75%)
Cis Men	33 (50%)
Trans Women	54 (82%)
Trans Men	5 (7.5%)
Non-Binary	4 (6.6%)

Trans Women (n=53)

Cis Women	15 (28.3%)
Cis Men	45 (85%)
Trans Women	17 (32%)
Trans Men	1 (1.8%)

Gender of sexual partners of cis men & trans women



Results

Age range: 25 – 75 Mean: 46

White British: 45.9% White Europeans: 9.6% South-Asian: 8%

The remainder of patients spanned a further 12 different ethnic groups

N=131

I have had unprotected sex in the last 6 months: **70 (53%)**

I haven't had unprotected sex in the last 6 months: **61 (46%)**

Results

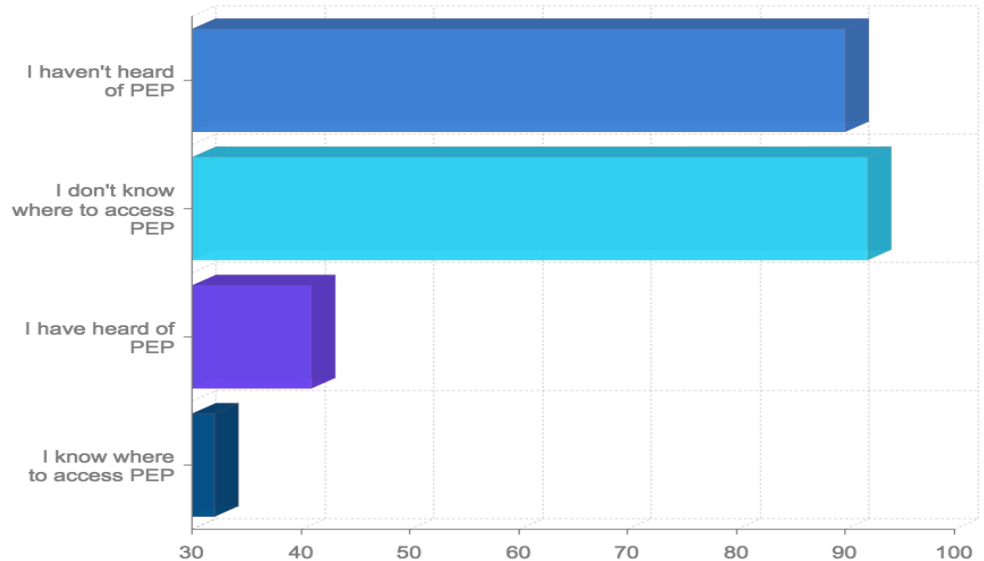
Please tell us about your knowledge of PEP & PrEP (n=131)

I haven't heard of PEP **90 (68.7%)**

I don't know where to access PEP **97 (74%)**

I have heard of PEP **41 (31.3%)**

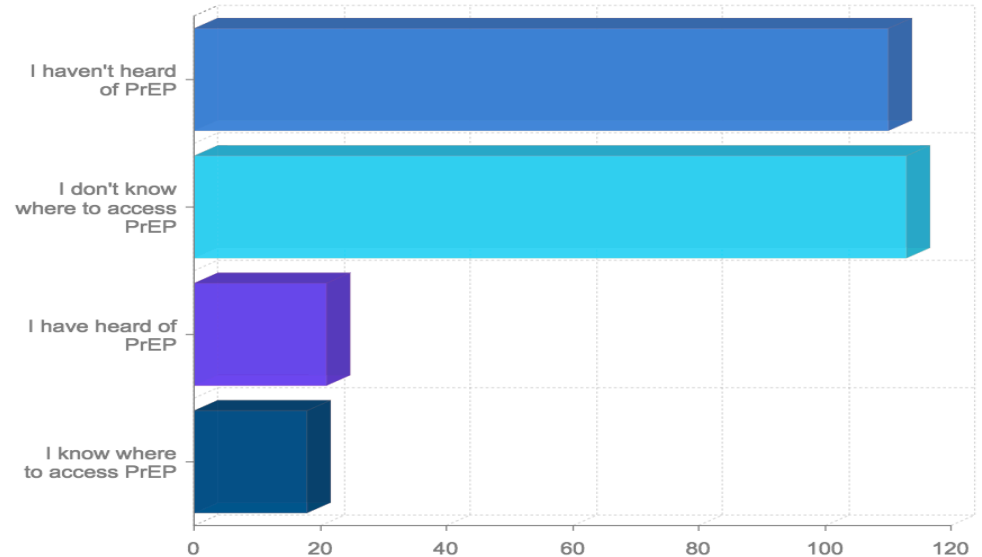
I know where to access PEP **32 (24%)**



Results

Please tell us about your knowledge of PEP & PrEP (n=131)

I haven't heard of PrEP	110 (84%)
I don't know where to access PrEP	113 (86.2%)
I have heard of PrEP	21 (16%)
I know where to access PrEP	18 (14%)



Results

PrEP acceptability (n = 131)

- I wouldn't take PrEP if it were available **98 (75%)**
- I would take PrEP if it were available **29 (22.1%)**

I would not take PrEP because (n = 25)

- concerns about reliability **20 (80%)**
- concerns about interactions w/ hormones **11 (44%)**
- cost is prohibitive **18 (72%)**

Conclusion

- Trans-led team allowed for successful implementation of trans outreach project
- Low health literacy & high levels of risk for HIV acquisition
- Majority of trans women & CD/TVs had cis male partners, which other studies have indicated increases their risk of HIV^{3,4}
- Cis men reported relationships with both cis and trans women, suggesting cis/het populations also at risk of acquisition

Conclusion

- Poor awareness of HIV prevention interventions across all groups

Low levels of willingness to take PrEP (consistent with literature⁵) demonstrates:

- Need for increased visibility of trans people and their partners in both general and PrEP-specific campaigns
- Increased clinical knowledge of trans issues in relation to biomedical prevention options

The Trans:Mission Project has contributed to the creation of three new sexual health resources for trans people vulnerable to HIV acquisition:

- 1) Trans women/trans feminine people with cis male partners,
- 2) Trans men who are also MSM,
- 3) PrEP resource for all trans/NB people



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cliniQ

With thanks to: **HIV
PREVENTION
ENGLAND**

