

Final Programme



Royal College of
General Practitioners



**Joint RCGP/BHIVA
Multidisciplinary Conference**

**HIV in Primary Care
– all you need to know**

Friday 25 January 2013

Royal College of General Practitioners
London

Sponsored by



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MSD



INTRODUCTION

HIV in Primary Care – all you need to know

We are delighted to welcome you on behalf of the Royal College of General Practitioners and the British HIV Association to this conference on HIV in Primary Care, bringing together general practitioners, practice nurses, HIV clinicians and other professionals working in primary and secondary care.

General practitioners and primary care teams have increasingly important roles to play in the diagnosis, treatment and care of their patients who have HIV, as well as those who are at risk of acquiring the infection. For people with HIV, who are diagnosed in time, and can both access and engage with treatment and care, the long-term outlook is optimistic. In these settings many of the principles of chronic condition management are increasingly relevant for the best care and outcomes for people with HIV.

Yet, in 2012, up to a quarter of people living with HIV in the UK are unaware of their HIV status. By increasing HIV testing and diagnosis we can reduce late presentation and undiagnosed HIV and, in so doing, not only improve the health of people with HIV but also reduce the potential for others to acquire HIV.

The programme will be delivered by partnerships of general practitioners and HIV clinicians all of whom have significant experience in the treatment and care of people with HIV. Many of the organising team are involved with the RCGP Sex, Drugs and HIV Working Group and the BHIVA Primary Care Working Group.

The programme consists of lectures reviewing the evidence for recommendations, and will be illustrated by practical clinical examples. Current best practice and examples of quality of care initiatives will be shared and recent advances, together with likely future developments in diagnosis, treatment and prevention of HIV, will be explored. There will be a number of expert panel discussions together with smaller seminars, giving opportunities for delegates to pose questions and discuss a wide range of HIV-related issues.

We would like to thank all our speakers and chairs for giving of their time to speak and share their expertise. We also extend our thanks to our sponsors, whose generosity has allowed us to deliver the programme without cost to delegates.

We very much hope you will enjoy the conference and find it relevant to both your educational and practical needs.

Ewen Stewart

Dr Ewen Stewart
Chair, RCGP Sex, Drugs and HIV Group

Jane Anderson

Professor Jane Anderson,
Chair, British HIV Association (BHIVA)

CONFERENCE STEERING COMMITTEE

Professor Jane Anderson	<i>Director, Centre for the Study of Sexual Health · Homerton University Hospital, London</i>
Dr David Asboe	<i>HIV Consultant Physician · Chelsea and Westminster Hospital, London</i>
Dr William Ford-Young	<i>General Practitioner · Broken Cross Surgery, Macclesfield</i>
Dr Philippa James	<i>General Practitioner · Cornbrook Medical Practice, Manchester</i>
Dr Ranjababu Kulasegaram	<i>HIV Consultant Physician · St Thomas' Hospital, London</i>
Dr Richard Ma	<i>General Practitioner · The Village Practice, London</i>
Dr Ewen Stewart	<i>General Practitioner · Rose Garden Medical Practice, Edinburgh</i>
Dr Ian Williams	<i>Senior Lecturer and Honorary Consultant Physician · University College London Medical School</i>

6 CPD Credits

Unique reference number: **79024**

CONFERENCE INFORMATION

Conference venue

Royal College of General Practitioners

30 Euston Square · London NW1 2HD
Telephone: 020 7350 4538 · Web: www.30eustonsquare.com

Registration

Registration includes access to the scientific sessions, exhibition and refreshments as outlined in the conference programme.

Delegate badges

Badges must be worn at all times to gain access to the lecture theatre and catering areas.

Continuing Professional Development (CPD)

Medical staff in career grade posts who are enrolled with one of the Royal Medical Colleges for Continuing Professional Development will be entitled to receive CPD credits at the rate of one per conference hour. Please be advised that the attendance list for the conference will be kept on file for reference by the appropriate Royal Colleges.

This event has been allocated 6 CPD credits and, for those who are registered for CPD accreditation with the Royal College of Physicians, the unique reference code is **79024**.

How to get there

30 Euston Square is located in the heart of London. With five major train stations within ten minutes of 30 Euston Square, guests could not have a more convenient location to attend.

It is located on the corner of Euston Road and Euston Square, a 3-minute walk from London Euston station and 5 minutes from King's Cross and St Pancras International stations.

30 Euston Square is situated in Bloomsbury, close to University College London, The British Library, The British Museum, Great Ormond Street Hospital and the Wellcome Collection.

Car parking is available nearby, and there are cycle parking facilities on site.



Accommodation

30 Euston Square provides 41 boutique-style bedrooms with en suite facilities.

Please visit: www.30eustonsquare.com or telephone: 020 70101 0220.

PROGRAMME

0845–0925 Registration and welcome coffee

0925–0930 **Welcome and Introduction**

Dr Steve Mowle, *Vice-Chair, Royal College of General Practitioners (RCGP)*
 Professor Jane Anderson, *Chair, British HIV Association (BHIVA)*

Session One

Chairs: Professor Jane Anderson, *Homerton University Hospital, London*
 Dr Ewen Stewart, *Rose Garden Medical Practice, Edinburgh*

0930–1010 **Setting the scene**

- *Epidemiology and overview*
- *Life expectancy*
- *Why does early diagnosis matter?*

Dr Anthony Nardone, *Health Protection Agency, London*

1010–1055 **Situations for HIV testing**

- *Indicator conditions*
- *Primary HIV infection*
- *Men who have sex with other men (MSM)*
- *People of Black African heritage*
- *PEPSE*

Dr Philippa Matthews, *Killick Street Health Centre, London*

1055–1125 Morning coffee

Session Two

Chair: Dr Philippa James, *Cornbrook Medical Practice, Manchester*

1125–1210 **HIV treatment and management**

- *Key principles of HIV treatment*
- *Treatment aims*
- *Adherence and monitoring*
- *Side effects, interactions and consequences*
- *HIV in family settings, pregnancy and PMTCT*

Dr Ian Williams, *University College London Medical School*

Workshops 1215–1315

Seminar 1: Testing for HIV in practice

- *Discussing the results of an HIV test*
- *Referral pathways*
- *Partner notification and disclosure*
- *Advising serodiscordant couples*

Dr Philippa James, *Cornbrook Medical Practice, Manchester*

Dr David Asboe, *Chelsea and Westminster Hospital, London*

PROGRAMME

1215–1315

Seminar 2: Primary care involvement in HIV

- *The GP and HIV*
- *Communication and shared care*
- *Lifestyle and risk factors*
- *Other issues and co-morbidities*
- *Assessing acute illness in people with HIV*
- *Cognitive impairment and mental health issues*
- *End of life care*

Dr Will Ford-Young, *Broken Cross Surgery, Macclesfield*
 Dr Ranjababu Kulasegaram, *St Thomas' Hospital, London*

1315–1415

Lunch

Workshops

1415–1515

Seminar 1: Testing for HIV in practice *(see above for further details)*

1415–1515

Seminar 2: Primary care involvement in HIV *(see above for further details)*

1515–1535

Afternoon tea

Session Three

Chairs: Mr Garry Brough, *Terrence Higgins Trust*
 Dr Richard Ma, *The Village Practice, London*

1535–1605

A patient's experience

Ms Angelina Namiba, *Positively UK*

1605–1630

Social issues affecting people living with HIV

- *Benefits entitlement*
- *Discrimination and stigma*
- *Disability rights*
- *Criminalisation*

Dr Yusef Azad, *National AIDS Trust*

Session Four

Chairs: Professor Jane Anderson, *Homerton University Hospital, London*
 Dr Ewen Stewart, *Rose Garden Medical Practice, Edinburgh*

1630–1700

Participants' discussion and close

Dr David Asboe, *Chelsea and Westminster Hospital, London*
 Dr Richard Ma, *The Village Practice*
 Ms Angelina Namiba, *Positively UK*
 Mr Jason Warriner, *Terrence Higgins Trust*

BIOGRAPHIES

Jane Anderson is based at Homerton University Hospital NHS Foundation Trust in East London. Professor Anderson's clinical and research interests focus on HIV in diverse populations in the UK. She is working with primary care colleagues on HIV testing in general practice. Jane is Chair of the British HIV Association (2011–2014).

David Asboe studied medicine at Otago University, New Zealand and completed specialist training in Genitourinary Medicine at St Thomas' Hospital London in 1996. He is a consultant in HIV medicine and sexual health at Chelsea and Westminster Hospital, London. His special interests are antiretroviral resistance, sexual health of HIV-positive persons, and HIV and ageing. He is the convenor of the Diploma in HIV Medicine exam run by the Worshipful Society of Apothecaries, and is a trustee on the Executive Committee of the British HIV Association.

Yusef Azad is Director of Policy and Campaigns at NAT (the National AIDS Trust), which he joined in 2004. He has worked on all areas of HIV policy in the UK, and has paid particular attention to the criminalisation of HIV transmission, migration issues, HIV prevention and testing. From 2008 to 2011 he was co-Chair of the European Commission's HIV/AIDS Civil Society Forum. He was previously a House of Commons clerk.

Garry Brough has worked in HIV peer support since co-founding the Bloomsbury Patients Network in 1999. He was co-ordinator of the YMCA Positive Health Programme and Patient Representative at the Bloomsbury Clinic before becoming an HIV Health Trainer at Terrence Higgins Trust, where he is now Membership and Involvement Officer. He has been involved in various BHIVA Committees and working groups and is currently the Community Representative on the BHIVA Executive Board.

Will Ford-Young is a full-time GP partner and GP trainer in Macclesfield, Cheshire in a medium-sized practice covering a very mixed demography of patients. Until recently he has also worked in GUM clinics including a specialist GUM clinic in Manchester for men who have sex with men. During his 24-year career as a GP he has developed an interest in the role of the GP in HIV as a long-term condition, as well as awareness raising for HIV testing in general practice. He has been a member of the RCGP Group for Sex, Drugs & HIV for many years and was the GP representative on the previous government's Independent Advisory Group for Sexual Health and HIV. Other interests within general practice include management of patients with substance misuse problems, hepatitis C, and dementia care.

Philippa James is a GP partner in inner city Manchester. She has previously worked in Contraception and Sexual Health Services and was Clinical Lead at Brook in Manchester for 2 years. She is the HIV Lead of the Sex, Drugs and HIV Group at the RCGP. Dr James also sits on the Central Manchester CCG Board.

Ranjababu (Babu) Kulasegaram is a Consultant in HIV/GU Medicine at Guy's and St Thomas' NHS Foundation Trust and leads the HIV Treatment Advice Clinic with special interests in HIV/hepatitis, haemophilia/HIV infection, HIV/brain and HIV inpatient management. He is Training Programme Director for the SpRs and is committed to enhancing BHIVA's educational activities through his involvement as a member of the BHIVA Educational and Scientific Subcommittee and E-Learning Working Group. He is on the examining board for the Diploma in HIV Medicine. Babu is also Chair of the BHIVA Hepatitis Society and an author of the HIV/hepatitis 2010 guidelines.

Richard Ma is a GP principal in London. He has over 10 years' experience in sexual health, having trained at King's College Hospital, Mortimer Market and Margaret Pyke Centres. More recently, he managed the sexual health enhanced services for Islington PCT. He is also a member of the RCGP Sex, Drugs & HIV Group, GP Sexual Health Champion for NHS London and a half-time doctorate student at the London School of Hygiene and Tropical Medicine.

BIOGRAPHIES

Philippa Matthews is a salaried GP at Killick Street Health Centre in King's Cross. Past work has included general practice in Birmingham, work in a clinic for street-based sex workers, QOF lead for sexual health and co-editing the sexual health module of e-GP. She is currently developing a website to support GP HIV testing with the sexual health charity, MEDFASH. She is an editor and author for the Handbook of Sexual Health in Primary Care and for the MEDFASH booklet 'HIV in primary care' (2011 editions). She is a clinical consultant and education lead for Sexual Health In Practice (SHIP). SHIP is a multifaceted educational intervention that has been shown to increase general practice HIV testing rates in very high prevalence areas by over 350%. Philippa is an expert clinical reviewer for Nina Murphy Associates.

Steve Mowle is a GP Principal at the Hetherington Group Practice, an inner city practice in the heart of the Borough of Lambeth, London. He has held a variety of different educational leadership roles within the London Deanery and King's College, London. Currently he is a Patch Associate Director with responsibility for Inner South West London and also has Pan-London responsibility for Post CCT GP training. He has a keen interest in Medical Education and Training and was a member of the RCGP First Five Working Group and a founding member of the RCGP Quality Management and Training Standards Committee. Steve has been an active member of his local faculty board and as its Chair was a founding member of RCGP London. He has also been the lead on the International Committee for the formation and development of the Junior International Committee which has proved to be a major success. As Vice Chair, Steve will be the lead for the 2013 Conference in Harrogate, lead officer for the Patient Partnership Group and lead for the Centre for Commissioning.

Angelina Namiba has over 13 years' experience of working in the HIV sector on initiatives ranging from providing one-to-one support to people living with HIV: managing service provision to facilitating, promoting and advocating for the involvement of women living with HIV in informing national strategy and policy. She co-authored the report Primary Care Access: how General Practice can better respond to the needs of people living with HIV.

Anthony Nardone has nearly 20 years' experience as an infectious disease epidemiologist, mostly in the field of HIV and STI control and prevention. Since 2007, Anthony has been head of Sexual Health Promotion at the Health Protection Agency. His interests include the evaluation of public health interventions for the control and prevention of HIV and STIs, including the promotion of HIV testing.

Ewen Stewart is Clinical Lead Viral Hepatitis MCN, NHS Lothian and General Practitioner, Lothian. Dr Stewart has had an interest in blood-borne viruses since 1989. He has worked for NHS Lothian as Primary Care Facilitator for blood-borne viruses since 1999 and as Clinical Lead for the Viral Hepatitis MCN since 2009. He is Chair of the Royal College of General Practitioners' Sex, Drugs and HIV Task Group and a member of EAGA, the expert advisory group on AIDS for the UK Chief Medical Officers.

Jason Warriner has worked for Terrence Higgins Trust since August 2009 as Clinical Director/Service Quality and Governance Director. Prior to working for Terrence Higgins Trust, Jason has held a number of senior nursing positions in the NHS. He is a member of the Prime Minister's Nursing and Care Quality Forum. He has worked in the field of HIV and sexual health for a number of years in the UK and also has experience of working on Children's HIV projects in South Africa. Jason served as Chair of the Royal College of Nursing Congress from 2006 to 2010 and is currently the Chair and sexual health and HIV representative on the RCN's Public Health Forum.

Ian Williams is a Senior Lecturer at University College London and an Honorary Consultant Physician at CNWL NHS Trust and University College London Hospitals. He has extensive clinical and research experience in HIV medicine. He was a member of the BHIVA Executive Committee between 1996 and 2003, and between 2006 and 2011. He served as Honorary Treasurer of the Association from 2000 to 2003, became Chair-Elect in September 2007 and served as Chair of the Association between 2008 and 2011.



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Conference Organiser:

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