

# Assessing the clinical complexity of a national cohort of adults accessing HIV outpatient care

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# Background

- People living with HIV receive excellent specialist care through HIV clinics
- A substantial number of people may have additional co-morbidities and other complex needs
- The HIV & AIDS Reporting System (HARS) has collected fields to capture clinical complexity, as agreed upon in collaboration with HIV clinicians and commissioners

#### Aim:

For the first time we analyse clinical complexities reported to HARS to better inform the delivery and commissioning of health services for people living with HIV



# **HARS** variables

Demographic information	Site information	Diagnosis information	Treatment information	Patient information
Patient ID	Org ID	New diagnosis UK	First ARV UK	CD4 count taken
GP Practice code	Site code	UK diagnosis date	First ARV start	CD4 count
GP disclosure	Care status	Dx abroad year	Site ARV start	Viral load taken
Soundex code	Previous HIV site	First seen date	PEP/PREP	Viral load
First initial	Referred to org	Patient exposure	ARV code	AIDS illness
Date of birth		Country of infection	ARV band	TB treatment
Gender at birth	Consultation	Year of UK arrival	Home delivery	Liver antiviral treatment
Gender identity	information	Diagnosis setting	Clinical trial	Malignancy treatment
Ethnicity	Consult medium	Previous test		End organ disease
Country of Birth	HIV care type	Last HIV neg date	Death	Psychiatric care
LSOA	HIV care Date	Seroconversion	information	Pregnancy
Prisoner		TRI result	Date of death	Social care
Sex worker		CN number	Death cause	Hepatitis B
Disability		CN contact		Hepatitis C
	-	CN tested		



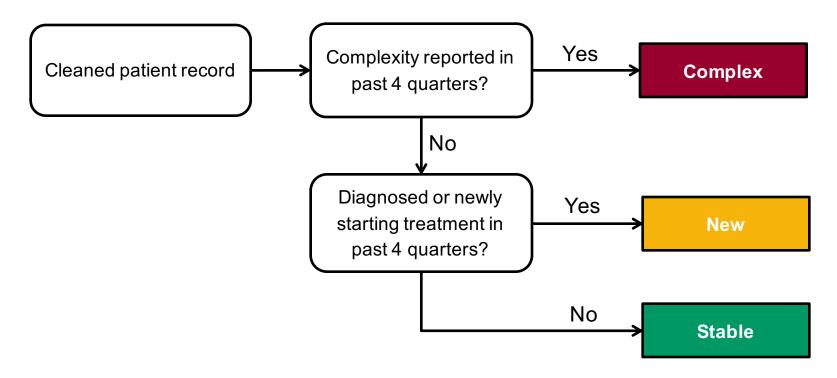
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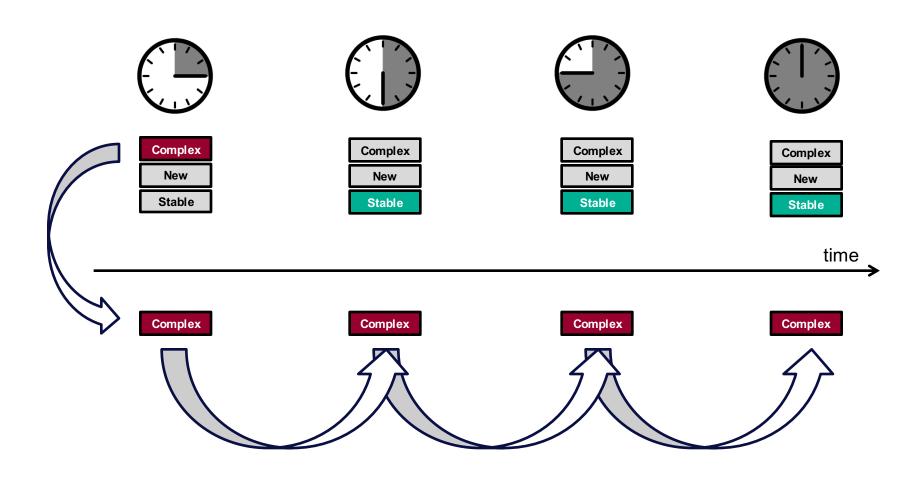
# Methods

- The patient cohort is generated by linking patient attendances for clinics which had submitted 4 quarters of HARS data
- A hierarchical algorithm is used to classify patients by clinical complexity over the previous 4 quarters





# Example: "the tariff clock"





# Results



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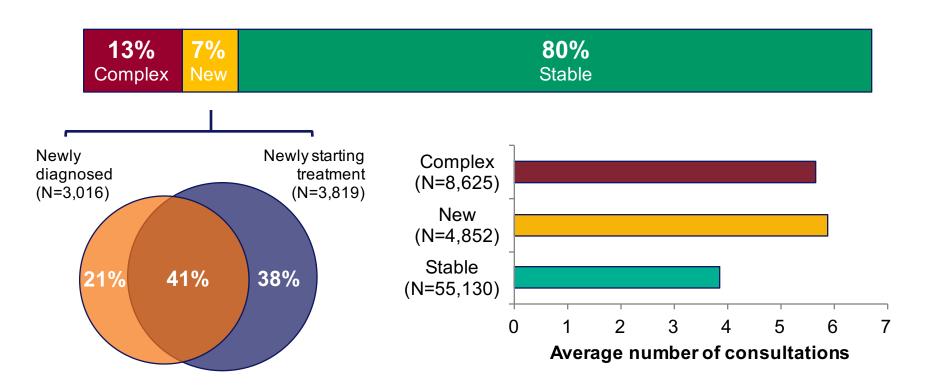
Clinics submitted 4 consecutive quarters of HARS data



Patients in 2016 (85% of patients in 2015)

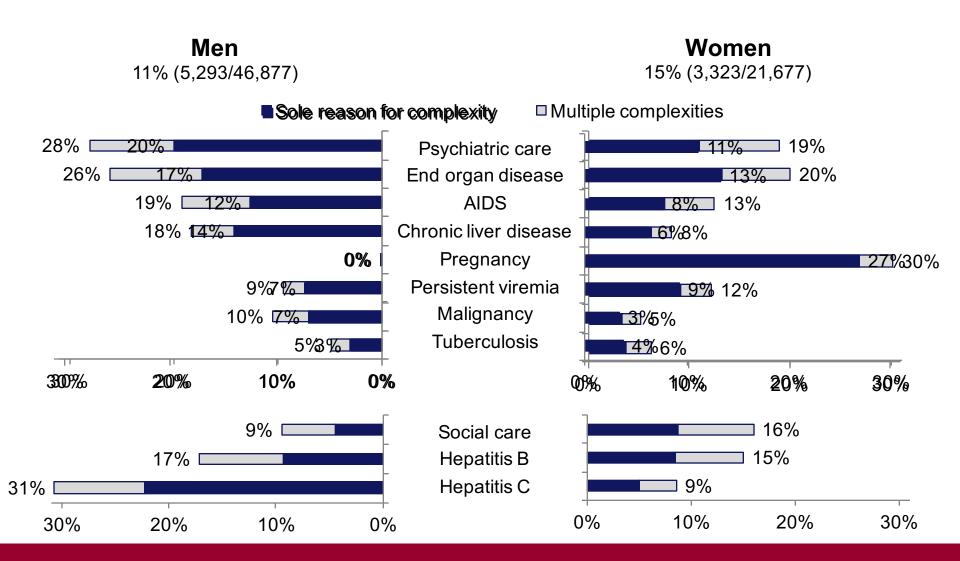


Average annual number of consultations





# Indicators of complexity





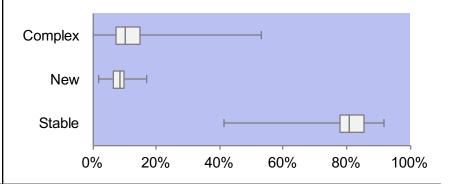
# Regional results (NHS trust level)

### **London**11 NHS trusts; 24,898 patients

# Complex New Stable 0% 20% 40% 60% 80% 100%

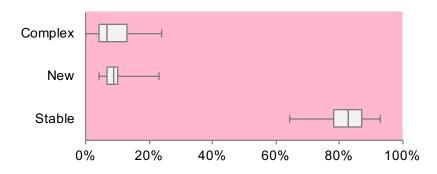
#### Midlands and East of England

35 NHS trusts; 15,627 patients



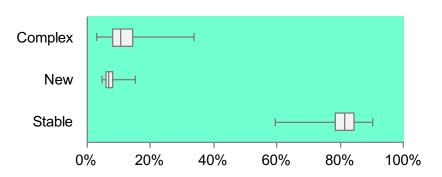
#### North of England

32 NHS trusts; 13,299 patients



#### South of England

30 NHS trusts; 14,783 patients





## Conclusions

- Preliminary findings indicate that the large majority of people accessing HIV specialist care in 2016 are stable, with 1 in 8 categorised as complex and 1 in 14 newly diagnosed or starting ART
- Complex and new categories were associated with increased numbers of attendances
- Complexity breakdowns can be produced at clinic, NHS trust and regional level, once clinics have provided 4 consecutive quarters of data
- This work will inform the national tariff with continued engagement with the CRG and NHSE



# Future work

#### **Data validation**

- Validation work is being undertaken with clinics to improve data quality
- Validation rules need to be developed, which may include clinical audits
- The updated dataset (HARS v1.2) will directly collect persistent viremia, which will be validated using viral load and ART markers

#### **Assessment of complexity categories**

- Investigate the impact of co-morbidity upon health outcomes and frequency of HIV clinic attendance
- Assess the effect of clinical complexity upon HIV service use
- Apply adjustments to clinical outcomes data to account for case mix, including complexity category



# Acknowledgements

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